



a new kind of gourmet experience
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LUNCH MENU



daytime dining

◆\$5.95 LUNCH SPECIALS◆

Available 11am-3pm, Monday through Friday

GRILLED CHEESE SANDWICH AND TOMATO SOUP This one isn't for the kids! Cheddar, American and tomatoes on golden toast, paired perfectly with a cup of our Tomato Basil Soup. (Add bacon or avocado to the sandwich for \$1 more)

BLACKENED CHICKEN PASTA Blackened chicken, mushrooms & Linguini, tossed in our cream sauce. Finished with diced tomato and Parmesan cheese.

BUFFALO CHICKEN TENDERS 3 crispy made-from-scratch tenders bathed in our Buffalo sauce, served with your choice of Blue Cheese or Ranch and served with carrots & celery sticks.

SOUP AND SALAD Arugula side salad topped with shaved Parmesan cheese, cherry tomatoes, croutons, and dressing of your choice alongside a cup of Tomato Basil Soup. Delicious!

VEGGIE PASTA Penne tossed with broccoli, sun-dried tomatoes, artichokes, and pine nuts in a spicy Olive Oil.

◆SALADS◆

Dressings: Ranch, Blue Cheese, Lemon Vinaigrette, Balsamic Vinaigrette, Fat-Free Tangy Tomato, Caesar

ARUGULA SHRIMP SALAD Three large Gulf shrimp served on a bed of arugula with shaved Parmesan, tomatoes, and Lemon Vinaigrette dressing. (Add bacon for \$1 more) \$11.25

CHICKEN CAESAR SALAD Grilled chicken served on a bed of greens with cherry tomatoes, croutons, Parmesan cheese. Dressing of your choice, Caesar of course, recommended. \$9.95

BFD CHOPPED SALAD Mixed greens and Bibb lettuce, bacon, blue cheese crumbles, green olives, tomatoes, hard-boiled eggs, cucumber, and croutons served with dressing of your choice. \$9.75

COBB SALAD Diced chicken tops mixed greens with shredded cheese, tomatoes, hard-boiled egg, bacon, and avocado. Dressing of your choice. \$9.95

◆SANDWICHES◆

Our burgers are made from 100% ground Angus chuck, and all are served with French fries.

THE BFD BURGER Double-meat, double-cheese, topped with bacon and fried egg. It earns its name. \$10.95

BYO BURGER Starts with lettuce, pickle & tomato, then what we add is up to you! \$7.95

Toppings: Bacon (+\$1), BBQ Sauce, Dijon Mayo, Fried Jalapeno Strips (+\$1), Grilled Onions, Grilled or Fresh Jalapeños, Fried Egg, Grilled Mushrooms, Onion Strings (+ \$1), Ranch or Blue Cheese

Cheeses (+\$1): American, Blue, Cheddar, Pepper Jack, Swiss

VEGGIE CAPRESE PANINI Grilled Portabella mushrooms and yellow squash topped with tomatoes, Basil, Balsamic Vinegar, and Mozzarella Cheese. \$8.25

MAS MEJOR Marinated chicken breast topped with bacon, Swiss, lettuce and tomato served on our signature toasted bun. \$7.95

THE CUBAN Deliciously, decadent layers of pork, turkey, ham, and Swiss topped with pickle on toasted, pressed bread. \$8.95

BLACKENED CHICKEN SANDWICH Blackened chicken breast with lettuce and tomato, our Dijon Mayo all atop a perfect Ciabatta roll. \$8.25

PHILLY CHEESESTEAK Grilled Sirloin, mushrooms, onions and bell pepper topped with pepper jack cheese served on a fresh Philly roll. It's the real deal! \$9.95